



The Lightwave advanced LED system is the most comprehensive and technologically sophisticated available. These systems offer cosmetic improvements for the appearance of fine lines and wrinkles, stretch marks, scarring, blemishes, sun spots, and even cellulite. Lightwave enhancements are accomplished without pain, without heat, and with no negative side effects. The technology can be used as a “stand alone” system or incorporated with other invasive or ablative techniques to help achieve desired results.

For years, Light Therapy has been used to treat pain and other damaged cells. Now, LED offers great use for cosmetic rejuvenation. Lightwave is one of the only systems to thoroughly maximize the benefits of using both red and infrared light energy. This allows our treatments to penetrate the skin on a much deeper level than an ordinary red light device, making the treatment much more effective. Lightwave Systems have a 3-socket design which allows multiple areas of the body to be treated simultaneously. Don't get left behind, contact us today to learn more about Lightwave and what it can do. Following are answers to the most frequently asked questions about LED Lightwave therapy.

1. What does LightWave Rejuvenation do?

LightWave can reduce and even reverse the effect of aging and damage to skin and other bodily tissues. It does this by stimulating the rejuvenation of these tissues at the cellular level, resulting in a significant and yet totally natural looking cosmetic enhancement. The effectiveness of using light and infrared therapy to stimulate rejuvenation in damaged tissues has been documented in more than 2,500 research papers, and approximately 100 double blind studies. LightWave is the first light therapy system specifically designed for aesthetic application to the entire body.

2. Are LightWave treatments safe?

LightWave offers advanced cosmetic rejuvenation utilizing Light Emitting Diode (LED) technology with low-level power output, which has been determined by the FDA to be of non-significant risk. LightWave treatments are completely non-invasive and do not produce any thermal damage or pain, unlike IPL (Intense Pulse Light) or high-powered Laser resurfacing units. Treatments last about 20 minutes in duration and are pleasant and relaxing.

3. How does the LightWave system work?

The LightWave treatment is a gentle and natural treatment much like the process of photosynthesis. Also known as photo-bio-stimulation ("...the stimulation of life process with light..."). The LightWave system uses both visible red (red light) and infrared (invisible light) energy to stimulate your body's own regenerative metabolism at the cellular level. By stimulating the body's tissues to convert light energy into cellular energy (ATP), a LightWave treatment provides energy that your cells can use to:

- Accelerate the production of collagen and elastin
- Increase cellular permeability, allowing for increased cellular nutrient uptake
- Increase the removal of excess fluid and waste products from the cells
- Increase the production of macrophage (scavenger) cells for the removal of toxins/excess pigment/scar tissue Increase lymphatic drainage
- Increase vascularization (blood flow) to the surface of the skin

4. Please describe what I can expect during a LightWave appointment.

Your initial 60 minute Lightwave LED Facial appointment is \$125.00 and includes an exfoliation treatment. During this appointment your Aesthetician will conduct an interview, as well as a physical evaluation to get a clear picture of your treatment priorities. Your technician will then choose the appropriate LightWave protocol(s) to address your concerns. The actual LightWave treatments will last 20 minutes. It is both enjoyable and relaxing. Subsequent LightWave appointments will be booked in 30-minute increments, these appointments will be sold in a package of 6 for \$600.00.

**5. What are the advantages of LightWave over other popular rejuvenation procedures?
(ie: chemical peels, surgery, etc.)**

LightWave has several advantages over other aesthetic procedures, including:

-NO THERMAL DAMAGE	-NO DISCOLORATION	-NO SCARING
-NO SIDE EFFECTS	-NO DOWN TIME	-RELAXING
-NO DISCOMFORT	-NO SURGERY	-SOOTHING

6. What will LightWave therapy do for my face? Can I use it with other procedures?

LightWave is effective for cosmetic enhancement of the face. It reduces the appearance of fine lines and superficial wrinkles by increasing cellular hydration, blood flow, nutrient-intake and waste removal within the various layers of the skin and supporting tissues. LightWave lifts, tones, and restores your youthful appearance with 100% natural looking results. LightWave can also reduce the appearance of facial scars, burns, sun damage, sunspots, and even pregnancy mask. It significantly enhances many other anti-aging treatments including SkinMaster, chemical peels, hydrating creams, and anti-cellulite regimens.

7. How can LightWave be used to improve other areas of the body?

LightWave can be used to improve the appearance of tired, flaccid skin on the breast and abdomen, stretch marks, spider veins, "orange peel", and cellulite. LightWave can also help restore skin tone by stimulating lymphatic drainage, resulting in younger-looking, smoother and firmer body. Your treatment protocol will vary depending on the area of the body and condition being treated.

8. Are there any contraindications?

Yes, this procedure is for generally healthy people. Persons with severe life threatening disease or are pregnant are not candidates for the treatment. Anyone with questions should consult their LightWave technician and/or their primary care physician before initiating treatment. Persons with epilepsy must use protective eyewear. Caution should be used when treating person with diabetes, sensitive, or damaged skin i.e. burned, skin graphed, tattoo removed, previously resurfaced skin, etc.

9. How long will the results last?

As with any treatment, individual results will vary from person to person. Factors which will influence the efficacy of your personal treatment include physical condition, age, skin color, diet, and lifestyle. Most people can see noticeable changes in 6-8 treatments and sometimes in as few as 2 or 3 treatments. LightWave is usually recommended twice per week for the first three weeks then once a week there after until desired results are achieved. Consistent treatments are recommended once or twice per month as desired. There is no limit to the number of treatments one can have over time.

10. What kind of results can I expect?

Younger patients will have better results as they generally have less damaged skin. LightWave patients 35-45 years of age, in general see a 50%-60% improvement in wrinkles and improvements in flaccid skin. 10%-15% of patients see an 80%-90% improvement. No results can be guaranteed, consult your cosmetic specialist for more details on how LightWave can beautify your face and body.