

## Skin Care in your 20's

### MAIN GOAL: Prevent Sun Damage.

Develop healthy skin care habits in your twenties and you will preserve your skins beauty and delay the signs of aging. Use gentle products and focus on damage prevention. You don't need anti wrinkle creams or Botox, but you should be educating yourself on ingredients and the benefits of chemical and paraben free products.



### How to Prevent Premature Aging in your teens to 20's

Use sun block everyday, rain or shine and avoid tanning! 90% of skin aging results from sun damage. Look for sunscreen formulas with zinc oxide and titanium for full spectrum (UVA, UVB & UVC) protection. Avoid chemical sunscreens with avobenzone and parsol 1789. If you haven't already, introduce your skin to mineral makeup. Our #1 choice is *Jane Iredale Mineral Makeup*, a true extension of healthy skincare. Bare Essentials is another good choice. Avoid harsh scrubs and over doing the exfoliants. A gentle cleanser, moisturizer and sunblock are the essentials. Clogged Pores? Start using a gentle night time exfoliator a few times per week. Vitamin A/Salicylic combinations are the gold standard for stimulating collagen and treating acne/congestion prone skin.

**Product recommendations:** Try *Rhonda Allison's* Citrus Gel Cleanser or Cosmedix Benefit Clean. Moisturize with Rhonda Allison Aloe Matte, Grape Seed Moisture gel or Zinc Protection Cream. Ready to add Vitamin A? Try *skinTopix* Retinaldehyde formulas and experience all the benefits of Vitamin A without the irritation.

**Treatment Recommendations:** *Enzyme Facials* \$89, decongest the pores providing gentle exfoliation and a nice skin polish. *Progressive Peels* \$115, up the intensity to address concerns associated with blemish prone skin. Interested in Hair Removal? We offer permanent hair reduction, waxing and threading for face and body.



## Skin Care in your 30's & 40's

### MAIN GOAL: Implement Age Prevention

This is the time early aging in the skin starts to surface. We start to notice the damage from sun exposure, pollutants and an unhealthy lifestyle. Fine lines, uneven skin tone, and hormonal changes start to appear. This is the time to implement skin care age prevention routines. In our 30's and 40's our natural exfoliation process starts to slow down, natural moisturizing factors diminish and production of new skin cells and collagen slows down. The most important ingredients **to add to** your 20's regime are Antioxidants & Vitamin A products in the form of Retinaldehyde.

**Product recommendations:** Try *Rhonda Allison's* Antioxidant Complex or Super C Serum. Add an Antioxidant Hydrator under your moisturizer, like Rhonda Allison's Grape Seed Moisture Gel or Grape Seed Hydrating Serum. Introduce an Antioxidant Hydration Spray over your mineral makeup, try Jane Iredale's Pommist or D20 spray. Which Vitamin is best for your skin needs? We will help you choose the appropriate Retinaldehyde (Vitamin A) formula from *skinTopix*.

**Treatment Recommendations:** Regular facials will improve skin tone, texture and hydration and help to stimulate muscles that start to atrophy. Facial treatments will also help resolve hormonal skin problems that may arise. Try trio's Skin Infusions (available in April), *Ultrasonic Rejuvenating Facial*, or *Lightwave Therapy*, \$129. Need deep pore cleansing? Go for the *Deluxe Enzyme facials*, \$115 to deliver extra hydration and antioxidant protection to the skin. This is also the time to consider your first dermal peel to address underlying skin damage. Try the Timeless or ViPeel.

## Skin Care in your 50's & Beyond

### MAIN GOAL: Protect, Prevent and Maintain

Those great beach vacations are showing up on your face: You're seeing cumulative sun damage in the form of blotchiness, red spots & ruddiness. You're also losing more collagen and elasticity, your skin texture is uneven and your skin retains less moisture. Because surface skin texture is irregular, it doesn't reflect light evenly so your complexion is losing some of its glow. Several natural skin processes are slowing down or dramatically declining. With the right ingredients and the help of professional treatments we can encourage exfoliation, increase hydration and stimulate collagen production for a firmer, smoother and more even complexion. But let's be honest, we all age and now it is time to pull out the big guns and add quality skincare products to your program to maintain beautiful skin.



### Product Recommendations:

- Retinaldehyde (Vitamin A)** It's no longer an option, it's a must! This new form of retinol will reduce brown spots, increase exfoliation and collagen production, thicken the epidermis, and reverse precancerous sun damage. Not all Retinols are created equally. Try *skinTopix Retinaldehyde formulas for noticeable skin improvement in 4 weeks.*
- Peptides** stimulate collagen, increase skin elasticity and aid in hydration. Try *Rhonda Allison Peptide Serum or ABI Dermaceuticals Peptide Firming Cream.*
- Adding to your Moisturizer.** Drier skin types need high concentrations of moisture binding ingredients like shea butter, hyaluronic acid and essential oils. Try adding *Rhonda Allison Hyaluronic Serum or Drops of Essence to your favorite moisturizer for a nourishing boost.*

**Treatment Recommendations:** While regular facials and skin infusions will keep skin plump, exfoliated, hydrated and nourished, now is the time to incorporate an intensive facial peel, laser service and/or Fotofacial. And don't forget about Botox and Fillers...the most popular Cosmetic treatments for immediate reduction of wrinkles. Are you a Newby to Botox or to trioskincare? Receive \$50 Off your first Botox treatment of 20 units or more.

## Acne & Rosacea teen to menopause

Acne & Rosacea at any age affects happiness and well being. Did you mistakenly think acne was over when you became an adult? It is far more commonplace than most people think. At trioskincare, we find solutions for problem skin and have been delivering skin management solutions for men and women and teens for over 15 years. Schedule your appointment today for a complimentary consultation.

We welcome you at trioskincare!

# \$100 Off

## Select Professional Treatments in March 2010.

**Vi Peel**  
Regularly \$375

**FotoFacial (BBL)**  
Regularly \$400

**Micro Laser Peels**  
Regularly \$350, 40mc

**Timeless Peel**  
Regularly \$275

**Juvederm**  
Regularly \$540/syringe

**L.E.D. Lightwave Series**  
Regularly \$599, 7 treatments

-Facial of the Season-

### The Micro Lotti Facial

Experience overnight skin beauty...

A sophisticated technology designed to tighten and tone facial muscles and stimulate collagen production in the skin. In combination with ultrasonic exfoliation and a hydrating infusion of omega fatty acids the skin is lifted, tightened and hydrated when dry winter skin needs it most.

Promotion **\$99.00**  
Regularly \$149.00

Schedule an appointment for the Micro Lotti Facial in March and you can purchase the **Micro Refresher Laser Peel for \$99 (reg \$250)**  
Offer expires 3/31/10

#### - Upcoming Events -

### Beauty 411

Friday, April 2<sup>nd</sup>  
6:30pm – 7:30pm

Join us for an Interactive Education on ProFractional Laser Technology. ProFractional technology is superior to the Fraxel and provides dramatic improvements in wrinkles and scars with little down time.

### Lunch with Latisse

Wednesday, March 31<sup>st</sup>  
12:30-1:30pm

Join us for the start of our new self care education luncheons. Come have lunch and learn about the latest cosmetic innovation to keep you looking your best. This month it's all about Latisse.

## The Smarter Starter

Do something healthy for your skin. Start fresh & look flawless with the NEW Jane Iredale Starter Kit



jane iredale  
THE SKIN CARE MAKEUP™

**Starter Kits \$79.00**

A \$209.00 Value

The leader in mineral makeup has done it again. Jane Iredale's exclusive starter kit is elegantly packaged in a luxurious magnetic jewel box. Each kit contains 2 Pure Pressed Powders SPF 17, corresponding Lip Tint with Plumper, Blush, Duo Concealer, Dream Tint SPF 15 and three sable cosmetic brushes. Kit is available in 6 custom shades for every skin tone.

## Latisse is quickly becoming one of the most sought after beauty treatments in 2010.

Your lashes will grow longer, thicker, darker in 12 weeks and all with a simple, nightly application of a solution proven to produce results. A simple beauty regimen with a huge WOW factor!



Retail \$120



## Coming Next Month.....Trio Facial Infusions

trio's NEW Facial Infusions are non-acid based peels designed for a variety of skin conditions including acne, rosacea, hyperpigmentation, sun damage and skin aging. Typically, chemical peels work from the top down, removing the outer layer of skin by the application of an acid or by mechanical methods, like microdermabrasion. Trio's Facial Infusion works from the bottom up, known as a dermal push. Though your skin will be Oompa-Loompa orange upon application, the blend of calming, antibacterial, lightening and skin-building ingredients penetrate deep into the dermis, stimulating your skin's natural response to slough-or "push" off-old skin cells.

Niacinamide is a "superstar" ingredient in trio Facial Infusions. This unique, multi-tasking B Vitamin stimulates collagen, moisturizes, reduces inflammation, acts as an antioxidant and minimizes skin discolorations. It also improves the skin's circulation, which feeds vital proteins, lipids and enzymes to the skin that help reveal the youthful, glowing look we all crave. Another key ingredient that packs a punch is 1,3 Beta Glucan. This vital oat-based ingredient stimulates the skin's macrophages (cells that digest or "eat-up" damages cells), which help erase scar tissue and cellular debris. This stimulation is critically important in treating acne and acne-prone skin. In addition, because of its inflammation-reducing qualities, 1,3 Beta Glucan is stellar in treating rosacea and sensitive skin-conditions prone to chronic inflammation. As if those beneficial components aren't enough, the infusion also includes the holy grail of 2010 ingredients: liposomal retinaldehyde and 5 other powerful skin regenerators. We can't wait to introduce your skin to facial infusions!