

# September News

## MASSAGE OF THE MONTH

Rejuvenate your face and body with a  
*Harmonizing LED Massage*

Restore a more youthful appearance to your face with an LED light treatment while you enjoy the relaxation and serenity of a **60 minute full body Swedish massage**. Dynamic light rejuvenation provides multiple benefits to the face and body, enhancing lymphatic drainage, softening fine lines and infusing skin cells with age defying energy. We guarantee you will emerge revitalized, relaxed and looking younger! Appointments are available with our massage therapists Saima or Bryan.

*Available this month for \$9.00*

Regularly \$175.00

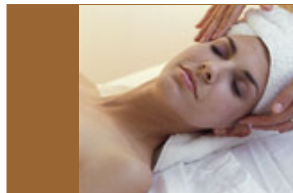
## TREATMENT OF THE MONTH

Polish your skin to perfection with an  
*Herbal Rejuvenation*

This month we unleash the regenerating power of the sea with an herbal skin softening treatment to polish the face and hands. This regenerative facial treatment is combined with a relaxing shoulder massage and a double hydration mask packed with nutrient rich hyaluronic acid and 100% collagen fibers to plump, hydrate and reduce skin redness. This treatment works wonders for fine lines, photodamage, mild acne scarring & aging skin.

*Available this month for \$109.00*

Regularly \$185.00



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## Excerpts from: **MOTHERS, Prevent Your Daughters From Getting Breast Cancer**

*By Sherrill Sellman*

We live in a chemical soup. It is estimated that since World War II, more than 80,000 synthetic chemicals have invaded our world and over 40 million tons are manufactured worldwide. It is shocking to learn that hardly any of these substances have been tested for safety, but have been added to our food, skincare, water, cleaning products etc. without our consent and, most of all, without warnings of their potential dangers. In a lifetime, 50 lbs of toxic waste can enter a body from drinking water and over **450 lbs** can enter the body through the skin. The really scary thing about these hormone disrupting chemicals is that fetuses and infants can be harmed by exposure to chemicals levels that do not appear to harm adults. Mixtures of chemicals such as organochlorines (chlorine based chemicals) have been found to be 1000 times more potent in affecting human estrogen receptors in minute doses. So there is no escape. →

We are surrounded. Products that look innocent, such as commercial soaps and shampoos, can be harboring potent carcinogenic hormone disruptors. So are our foods, the lawns our children play on, the household cleaners and even the water we bathe in. What do we do to survive the toxic onslaught? It has become obvious that going organic is really the only option. A recent study found that pre-schoolers who were eating primarily organic foods had 6-9 times less pesticide residue in their bodies. So making small changes does make a difference.

## PRODUCT OF THE MONTH

**10% Off All Organic Personal Care Products**



*Aubrey ♦ 100% Pure ♦ Servello*

EDUCATIONAL EVENT

September 23, 2006

11:00am – 1:00pm

\$25.00 per person  
Limited Seating Available



BEFORE



AFTER

Looking Younger  
without going to extremes!

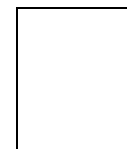
If you want to lift the brow, mid-face, jowl, and neck without that “done” look sometimes seen with a facelift, consider the ThreadLift™, an effective, FDA approved alternative to invasive procedures. Special threads with tiny “cogs” on them are expertly placed underneath the skin. Drooping areas affected by gravity’s pull are gently lifted and reshaped for a more youthful contour. Learn more on September 23<sup>rd</sup> when Dr. Filgas presents an informational event on this No-Down-Time Face Lift. Seminar will be held at the Hilton Concord.

The No-Down Time Face Lift  
By Francis D. Filgas, M.D.



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Important Dates: Mark your Calender

Botox  
September 9<sup>th</sup>  
11am-4pm

Thread Lift Education  
September 23<sup>rd</sup>  
11am-1pm

Anniversary Party  
October 20<sup>th</sup>  
6pm-9pm

